

PSYCHOLOGY 659F: INTERNSHIP FIELDWORK IN COUNSELING PSYCHOLOGY

INSTRUCTOR:
COURSE DAY/TIME:
COURSE ROOM:
OFFICE HOUR:
OFFICE:
TELEPHONE:
EMAIL:

COURSE DESCRIPTION AND REQUIREMENTS:

Internship Fieldwork is an advanced course designed to facilitate the student's integration of theory and practice in the therapeutic context. This course must be taken concurrently with PSY659 (Internship Supervision Course) and the six credits earned in this course is for the mental health counseling experience gained at a Program-approved field placement.

Through direct client contact at the field placement, students will develop a sound conceptualization of client issues and counseling process, mastery of skills to apply their theoretical orientation, understanding of the role and function of professional counselors, and awareness of ethical and professional behavior. Issues related to counseling individuals from various cultural groups also will be a main area of focus. Evaluation of both student trainees, supervisors, and training sites is another essential component to the experiential training sequence. Internship also functions as an orientation to working in a mental health agency and precedes Internship training.

Students are required to complete a combined minimum of 300 client contact hours and 300 indirect hours across PSY659F and the previous practicum fieldwork (PSY640F), for a total minimum of 600 hours. Included in these hours, students are required to receive a minimum of one hour per week of individual or 1.5 hours of group supervision from the onsite supervisor. In order to ensure a good internship experience, the instructor also will be consulting with the onsite supervisor on a biweekly basis.

In terms of specific objectives, students will develop an individualized therapeutic relationship with clients, based upon a sound theoretical approach. Based upon this approach, students will be able to:

- Conceptualize client concerns using individual, cultural, and developmental understanding;
- Gain competence in identifying an appropriate diagnosis of client issues based on the DSM-IV-TR;
- Identify and define treatment goals;
- Select and employ techniques designed to facilitate movement toward treatment goals as well as applying, evaluating, and altering these strategies as needed;
- Evaluate counseling outcomes, level of goal attainment, and perceived therapeutic effectiveness;
- Practice in a culturally competent manner;
- Effectively negotiate the initial, middle, and termination stages of the therapeutic encounter;
- Increase understanding of the professional counselor's role and function;
- Increase understanding and appreciation for the role that diversity holds in working with all individuals;
- Practice according to the ethical standards for professional behavior of the ACA and APA.

REQUIRED READINGS:

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders – 5* (5th ed.). Washington, DC: Author.

ACADEMIC ACCOMMODATIONS FOR PERSONS WITH UNIQUE NEEDS:

In compliance with and in the spirit of the Americans with Disabilities Act (ADA), I would like to assist you if you have a disability that is relevant to your work in this course. If you have a documented disability and you need accommodations in my class, or any UHH class, you should also contact the University Disability Services Office - Hale Kauano'e A Wing Lounge, 933-0816 (V), 933-3334 (TTY), shirachi@hawaii.edu - as early in the semester as possible."

EXPECTATIONS FOR PROFESSIONAL, ETHICAL BEHAVIOR BY STUDENTS

Students are expected to attend their clinical fieldwork as scheduled. At the discretion of the instructor and the Director of the Counseling Psychology Program, students who commit serious professional or ethical violations

or omissions may be removed from the course and may receive a W or F. Serious ethical/professional violations or mistakes may also lead to dismissal from the Counseling Psychology Program. Serious violations include but are not limited to plagiarism and violation of rules of client confidentiality.

GRADING

- A = Excellent completion of mental health counseling experience
- B = Satisfactory completion of mental health counseling experience
- C = Lack of satisfactory completion of mental health counseling experience
- D = Poor completion of mental health counseling experience
- F = Very poor completion of mental health counseling experience

Mid-semester Clinical Evaluation: Due _____

Final Clinical Evaluation: Due _____